

Affiliate Disclosure

We work hard to deliver fresh, meaningful, valuable information that fulfills our mission, to empower you to feel good - to enhance your health and your life.

We carefully research and deliberately choose the experts, products and services that we write about. We believe in them, their ability to help people, and deliver extraordinary results, sometimes in the most difficult circumstances. We may have direct experience with them, or they may have been highly recommended by people who have direct experience with them.

We are always mindful of the importance of integrity - choosing the best combination of high quality and great value for the price. Often, we spend more time searching for this ideal combination than we spend writing the content. This site is made possible because, as an Amazon Associate and participant in other affiliate programs, we may earn a small commission from qualifying purchases of some (but not all) of the products we highlight - at absolutely no cost to the purchaser.

If you feel that you have received value from this site, and you intend to purchase items that we've researched and highlighted in our content, please consider using our links to make your purchase. It's much like instructing Amazon or another company to buy us a cup of coffee at their expense! We greatly appreciate your support.

We're especially interested to know what other topics you would like to learn more about. Feel free to drop us a few lines on the CONTACT page, with your request. We read and consider every single message.

Namaste
MeditationAngel